

SISTER THEA BOWMAN CORONAVIRUS SUPPORT PLAN: Apr 8, 2020

Contents

INTRODUCTION	1
COMMUNICATION	2
ACADEMIC SUPPORT	3
STUDENT PACKETS.....	3
Homeroom Teachers	3
Artisan and Enrichment Teachers	3
Student Packet Pick-up and Return	3
Student Help	4
Online Resources	4
MEALS	4
Free To-Go Breakfast and Lunch	4
3rd QUARTER REPORT CARD CONFERENCES.....	4
ADDITIONAL INFORMATION.....	4
PHYSICAL HEALTH	4
EMOTIONAL HEALTH.....	5
ESSENTIAL COMMUNITY RESOURCES	5
SPIRITUAL HEALTH.....	5
FREE INTERNET FOR STUDENTS	5
PRE-K and KINDERGARTEN RESOURCES:	5
LEARNING RESOURCE SITES	7
CAHOKIA SCHOOL DISTRICT 187 MEALS TO-GO BUS ROUTE	8
UPDATED APR 8 DISTRICT 189 TO- GO MEAL PLAN.....	9
EMERGENCY CHILD CARE POSSIBILITY.....	10
ILLINOIS EXECUTIVE ORDER 2020 10 SUMMARY	10
12.j. Educational institutions.	10
14. Essential Travel.	10
15. Social Distancing Requirements.	10
PHYSICAL EDUCATION ONLINE WORKOUT	11

INTRODUCTION

School is closed through April 7, 2020 at this time. Based on our previously scheduled Easter Break, if nothing else changes, we would still take Holy Thursday and Good Friday (April 9-10), and resume classes on Monday, Apr 13.

Our big focus areas this week all revolve around our students and families: TRANSITION TO ONLINE ACADEMICS and MEAL PROGRAM:

The period from March 16 - March 30 were designated as “Act of God” days, so no school work grades that would negatively impact a student’s overall grade can be used. Teachers are collecting work, grading it, and providing feedback. Grades are entered in Option C, but they will only be used if they do not negatively impact the final 4th quarter grade.

Starting March 31 until school is officially back in session, students will be held accountable for all work assigned, and they will be graded on work completed. Teachers will also work on assessment opportunities. Participation is not optional.

We are required by the State to move as much academics as possible to E-Learning, which means any possible ways to replace printed packets with online assignments, which can be done and “turned in” online. We have several challenges, since we have many families with limited or no technology (smartphone, tablet, laptop, computer) or internet access either through an internet provider or cell phone service provider.

Our plan is to assign each student a device for home use until we return to school, or until the school year ends. These will be signed for and the responsibility of the parent/guardian of each student. More details to follow.

We are asking all families to complete our technology survey by Friday Morning, so we can work through any technology challenges/problems ASAP, so all students can participate in E-Learning. This includes online learning apps and websites, as well as ZOOM teleconferences with teachers. Find the survey at: <https://forms.gle/DusQ5pZkh3WYh8Me9>

We ask you to take on the role of facilitator at home to:

- 1) Get materials to and from the school.
- 2) Keep track of assignment and schedules provided by teachers in student packets.
- 3) Assign or encourage students to participate in any virtual (phone or video) help sessions provided by teachers.
- 4) Provide the students a study place and schedule for the home during the closure.
- 5) Stay in close contact with teachers with concerns, questions, or issues.

We are a family at Sister Thea Bowman, so if you have a need that we are not aware of due to the Coronavirus response, or if you can assist our families in some way, please let us know.

COMMUNICATION

Communication during this time will be important, and we will provide updates through Option C. Please be sure to keep your contact information (Cell Phone Number and E-Mail) up to date, so we can send alerts as well as attachments and longer messages via e-mail through Option C.

We will have daily Office Hours, which will be 8 AM - 12 PM. Please contact the office at 618 397-0316 or 397-4926. Our Fax is 618 397-0337.

If you need to send a general e-mail, please send it to our school e-mail at: sistertheabowmanschool@srthea.org

In case of an urgent situation during non-school hours, please contact the Principal at home at (618) 537-6615.

ACADEMIC SUPPORT

STUDENT PACKETS

Homeroom Teachers

Each Homeroom teacher will prepare at least one week's worth of work for students in a student take-home packet. The packet will include at a minimum the Language Arts and Math assignments. Additional assignments for Social Studies, Science, Religion, and Artisan classes will be added as available due to time and staff availability.

Each packet will have support documentation to include a study/work schedule broken down Monday - Friday. Additionally, any instruction documentation and references to on-line resources will be provided.

Packets should be put together for student pick-up each Monday at 3 PM. Homeroom Teachers will arrange pick up of turned in work each Monday, Wednesday, and Friday afternoon. At that time teachers may also leave graded papers or additional packet information as needed.

We will update this information, as we continue to build our E-Learning plan.

Artisan and Enrichment Teachers

All other teachers will prepare study packets to be provided to the Homeroom Teachers, so they can be provided in the student packets.

Student Packet Pick-up and Return

Main packet pick up and drop off is either Monday from 3-5 PM or Tuesday from 7-9 AM. You can drop off work any day Mon- Fri from 7-9 AM or 3-5 PM.

ALL PACKETS will be picked up from the cafeteria. Students will not be let into the school during the closure. **PLEASE PUT STUDENT NAME ON EVERY PAPER!**

Families are asked to arrange for a person to pick-up new packets each Monday. To keep up with work, students should complete work according to the Homeroom Teacher provided schedule. We highly recommend turning in completed work on Wednesdays for teacher grading and assessment. All of the week's work is to be turned in by Friday for grading and feedback from the teachers.

Student Help

Each Homeroom teacher is providing a schedule and format for providing teleconference type feedback and help to teachers. Most are using ZOOM. You can download for free at: <https://zoom.us/>. This allows a whole class to join a session, so please download it if possible.

Teachers will provide a schedule of times they are hosting learning/help sessions via Zoom or other methods. They will also be available via phone or e-mail, and each teacher will provide that information. We will also post these schedules for families to view. This week is critical to work out any technical/password/timing issues, so be sure your student is participating.

If you need additional assistance, please contact the homeroom teacher with your specific needs, and we will see what help we can provide.

Online Resources

Teachers will provide specific lists of online resources related to their classes along with usernames and passwords where appropriate. For K-5, these resources may include: Journeys (Reading), GoMath (Math), MobyMax (Reading and Math), and RASKids & Reading A to Z (Reading). For all grades, we are identifying as many possible academic resources that would be helpful.

MEALS

Free To-Go Breakfast and Lunch

During the school week, we will be providing Free To-Go Breakfast and Lunch during the following pick-up times:

Monday - Friday: 7:00 AM - 9:00 AM & 3:00 PM - 5:00 PM

Meals do not have to be picked up each morning or afternoon, and they do not need to be picked up daily

Meals will not be eaten at the school, as we want as little exposure time as possible for our staff and families. If there are additional food needs, please identify those to the office, so we can provide some local sources to help like Catholic Urban Programs, just a few blocks away (7 Vieux Carre Dr, East St Louis).

3rd QUARTER REPORT CARD CONFERENCES

We missed several families for conferences. The homeroom teachers will contact you if we still need your conference.

ADDITIONAL INFORMATION

PHYSICAL HEALTH

Your physical health is very important. If you or somebody in your family feels ill, please stay home. If somebody has a high fever or breathing problems, please contact:

St. Clair County Health Department: <http://www.health.co.st-clair.il.us/>

For general questions about COVID-19 and Illinois' response and guidance, call 1-800-889-3931 or email DPH.SICK@ILLINOIS.GOV.

EMOTIONAL HEALTH

If your child is in crisis or struggling emotionally, call the Care Line at 1-800-345-9049 for support.

ESSENTIAL COMMUNITY RESOURCES

Need Additional Resources? Call 211. United Way 2-1-1 of Illinois and Missouri is a 24/7 connection to resources and agencies near you.

SPIRITUAL HEALTH

Take a personal retreat:

<https://ignatiansolidarity.net/blog/2020/03/14/examen-covid-19/>

FREE INTERNET FOR STUDENTS

Please look at these possibilities for assisting in online academics:

<https://cnycentral.com/news/local/spectrum-to-offer-free-internet-access-for-students-due-to-coronavirus>

Spectrum (charter) Internet program: Spectrum has set up a program to offer 60 days of free internet service to any home with a student in grades K-12 who does not have a current Spectrum internet service. The 60 days starts on Monday March 16th. Parents can call 1-844-488-8395 and follow the prompts for setting up new service to speak with a customer service representative for the student remote education offer and to answer any additional questions.

PRE-K and KINDERGARTEN RESOURCES:

[ReadAskChat](#) is sharing a code so PreK and K families can have access to their digital library through April: **5RVLD4**

These are short texts/songs/chants (inc nonfiction!), amazingly beautiful illustrations, with joyful prompts for "chatting" at home about books. Perfect for caregivers and 3, 4 and 5 year olds.

National Science Foundation-funded!

Here's a 2 1/2 min video that explains it all:

<https://drive.google.com/file/d/1wMgewFgM4jKk5lcA0dD3Z1atSybRYfuT/view>

LEARNING RESOURCE SITES

www.khanacademy.org Great resource for parents and students grades K - 12 in all subjects.

[ESTL 189 ELA and Math Resources](#) Handouts and Printable Resources

www.digitallibrary.io/ Online library for younger readers

[Scholastic Activities](#) Cross-curricular journeys

ENGLISH LANGUAGE ARTS

<https://www.abcya.com/> Provides over 400 fun and educational games for Pre-K-6 in reading and math.

<https://pbskids.org/games/reading/> Uses technology and media through educational games and videos to build knowledge, critical thinking, imagination and curiosity in reading.

<https://www.funbrain.com/> Free educational games, books, comics, and videos that help develop skills in reading, problem-solving and literacy (K-8).

<https://www.starfall.com/h/> Children ages 3-6 have fun learning to read.

<https://www.sesamestreet.org/games> This popular kid show has reading games that get the grouch out of anyone for ages 3-6.

<https://www.seussville.com/> This popular series of books puts Dr. Seuss in a town of reading fun for ages 3-6.

<https://www.storylineonline.net/> Videos featuring celebrated actors reading children's books alongside creatively produced illustrations.

MATH

<https://www.aleks.com/> Students in Grades 5-8 (plus some select HS courses) can access ALEKS.

<https://mathbeforebed.com/> Numeracy for K - 3

<https://wodb.ca/> Which one doesn't belong? Thought provoking puzzles.

<https://www.samebutdifferentmath.com/> Same but Different Math for building arguments and critiquing reasoning

<https://stevewyborne.com/2017/02/splat/> Games and puzzles from all areas

<https://www.gregtangmath.com/> Games and activities

<https://www.hoodamath.com/> Games and activities

<https://www.arcademics.com/> Games and activities

<https://www.mathplayground.com/> Games and activities

<https://www.funbrain.com/math-zone> Games and activities

<https://www.education.com/resources/number-sense/> Games and activities

SOCIAL-EMOTIONAL RESOURCES

Elementary

- Ripple Effects - Home Access Link: <https://rippleeffectsworld.com/adminportal/login>
- Online Stories: <https://www.storylineonline.net/>
- Social Emotional Learning activities from Centervention: <https://www.centervention.com/social-emotional-learning-activities/>
- GoNoodle (online SEL activities; ex: Mindfulness, Breathing, Stretching) <https://www.gonoodle.com/blog/gonoodle-games-movement-app-for-kids/>
- Epic! Books (online SEL activities): <https://www.getepic.com/>
- PBIS: Daniel Tiger: <https://pbskids.org/daniel/>

RESOURCES FROM THE ILLINOIS STATE BOARD OF EDUCATION

- Share My Lesson: www.sharemylesson.com
- Natl Geographic: https://www.nationalgeographic.org/education/resource-library/?q=&page=1&per_page=25
- Field Museum: <https://www.fieldmuseum.org/educators/learning-resources/plantsanimals>
- Lesson Planet: <https://www.lessonplanet.com/>
- The Learning Network: <https://www.nytimes.com/section/learning>
- Statistics in Schools: <https://www.census.gov/programs-surveys/sis/2020census/2020-resources.html>
- EdEx: <https://www.edx.org/>
- Global Digital Library: <https://www.digitallibrary.io/>
- Khan Academy: <https://www.khanacademy.org/>
- Learning Equality: <https://learningequality.org/kolibri/>

CAHOKIA SCHOOL DISTRICT 187 MEALS TO-GO BUS ROUTE

This information was recently provided for our families in Cahokia:

Cahokia School District 187 will close from March 17 - 30 in compliance with the state-issued mandate that all public and private schools cease operations due to the COVID-19 outbreak. During this time, Cahokia School District will provide breakfast and lunch to students. Food can be picked up between the hours of 9:30am - 11:30am at:

Lalumier - Front Circle

Estelle Sauget School of Choice - Rear drop off area

Cahokia High School - 9th Grade entrance

For those without transportation, buses will also be dispatched to the following bus stop locations to distribute food from 9:00am - 10:30am:

BUS 1

9:30 AM GREYSTONE DR.
9:45 AM HAWTHORNES

BUS 2

9:30 AM CENTREVILLE CTS
9:45 AM PRIVATE MATHIS APTS

BUS 3

9:30 AM DONALD ST @ HALLORAN ST
9:45 AM E. MORRIS SCHOOL

BUS 4

9:30 AM LLOYD @ E. ADAMS DR.
9:45 AM BALDWIN DR. @ DREXEL LN

BUS 6

9:30 AM COTTONWOOD APT
9:45 AM EDGAR ST @ WHITE ST
10:05 AM RT 3 @ SCHOOL ST

BUS 7

9:30 AM BOND AV @ VALLEY DR
9:45 AM AMELIA ST @ JUDITH DR

BUS 8

9:30 AM ST. PAUL DR @ ST WILLIAMS DR
9:45 AM ST PAUL DR @ E. 5TH ST
10:05 AM LEVINE DR @ PLUM ST
10:20 AM ST. GREGORY DR @ ST ROSE ST
10:35 AM ST ROSE @ ST LAMBERT

UPDATED APR 8 DISTRICT 189 TO- GO MEAL PLAN

Beginning Wednesday, April 8: Grab and Go Meals have limited services and no school buses.

School buses are NO LONGER delivering Grab and Go meals. Meals are still BEING SERVED at all 9 schools and only 7 participating centers in the community. Please look for the table positioned in front of these locations where you can receive your Grab and Go meal. Additionally, we are operating a few routes through the community where meals will be delivered by our partner, Touchette Regional Hospital. Please look for the Touchette minivan instead of the school bus to receive your meal along these mobile routes.

No meals will be delivered this Friday, April 10. The following Grab and Go meal sites will be served Wednesday and Thursday from 10am-Noon and then again next week Monday-Friday:

CENTERS (served at table in the front)

- Christian Activity Center at 540 North 6th Street
- JJK Center at 101 Jackie Joyner Kersee Circle
- Sinai Family Life Center at 1200 St Louis Ave
- Forest Village at 4313 Forest Blvd
- Griffin Center at 2630 Lincoln
- Roosevelt at 1328 North 44th Street
- Orr Weathers at 1400 East Broadway

ROUTES

- Routes 1, 3, 4 and 6. Please look for the Touchette Regional Hospital van. Touchette vans are delivering meals to these mobile routes. <https://www.estl189.com/cms/lib/IL02204655/Centricity/Domain/4/MONDAY%20FINAL%20MEALS.pdf>

SCHOOLS (served at table in the front)

- Avant Elementary
- Bush Elementary
- Dunbar Elementary
- Officer Elementary
- Wright Elementary
- Lincoln Middle
- Mason/Clark Middle
- East St. Louis Senior High
- Wyvetter Younge Alternative

We apologize for the inconvenience. Thank you for your understanding. We hope all children and youth in the community can come pick up a Grab and Go meal at one of our 16 serving locations or 4 mobile routes.

EMERGENCY CHILD CARE POSSIBILITY

This is the Introduction to the webpage below:

"The purpose of this webpage is to help you understand your options for offering and accessing child care for essential workers during this pandemic. If you are a local elected official, community leader, school district administrator, essential worker, or someone interested and able to volunteer to provide care, there is something here to help you. If you are a health provider, we want to know about your workforce's child care needs, what you are already doing to respond to the needs they have, and what you need from state government to support your current and ever-changing needs."

<https://www2.illinois.gov/sites/OECD/Pages/For-Communities.aspx>

ILLINOIS EXECUTIVE ORDER 2020 10 SUMMARY

The following are important messages that pertain to schools in Illinois:

12.j. Educational institutions.

Educational institutions—including public and private pre-K-12 schools, colleges, and universities—for purposes of facilitating distance learning, performing critical research, or performing essential functions, provided that social distancing of six-feet per person is maintained to the greatest extent possible. This Executive Order is consistent with and does not amend or supersede Executive Order 2020-05 (COVID-19 Executive Order No. 3) or Executive Order 2020-06 (COVID-19 Executive Order No. 4) except that affected schools are ordered closed through April 7, 2020;

14. Essential Travel.

For the purposes of this Executive Order, Essential Travel includes travel for any of the following purposes. Individuals engaged in any Essential Travel must comply with all Social Distancing Requirements as defined in this Section.

c. Travel to or from educational institutions for purposes of receiving materials for distance learning, for receiving meals, and any other related services.

15. Social Distancing Requirements.

For purposes of this Executive Order, Social Distancing Requirements includes maintaining at least six-foot social distancing from other individuals, washing hands with soap and water for at least twenty seconds as frequently as possible or using hand sanitizer, covering coughs or sneezes (into the sleeve or elbow, not hands), regularly cleaning high-touch surfaces, and not shaking hands.

a. Required measures. Essential Businesses and Operations and businesses engaged in Minimum Basic Operations must take proactive measures to ensure compliance with Social Distancing Requirements, including where possible:

i. Designate six-foot distances. Designating with signage, tape, or by other means six-foot spacing for employees and customers in line to maintain appropriate distance;

ii. Hand sanitizer and sanitizing products. Having hand sanitizer and sanitizing products readily available for employees and customers;

PHYSICAL EDUCATION ONLINE WORKOUT

Ms Lisch would like to have you see this article for your student(s), so they can stay healthy! The online workouts you can link from the article are great fun and great exercise!

<https://www.playpennies.com/free-things-to-do/joe-wicks-is-the-nations-pe-teacher-with-free-daily-kids-workouts-on-you-tube-186068>