

OCTOBER 2025

SISTER THEA BOWMAN



ALL STUDENTS EAT ALL MEALS @
NO COST ALL YEAR LONG

* indicates item contains Pork

This institution is an equal opportunity provider.

Monday, October 6

Breakfast
 Cheesy Chicken Biscuit

Lunch
 -Pepperoni Pizza*
 -Turkey & Cheese Croissant
 -Popcorn Chicken Salad & Bosco Stick
 -PBJ Sandwich
 Steamed Broccoli
 Frozen Juice Cup
 Cold Milk

Tuesday, October 7

Breakfast
 Mini Cinnis

Lunch
 -Sausage, Egg & Cheese Croissant*
 -Chicken Parmesan Sandwich
 -Italian Salad & Bosco Stick*
 -PBJ Sandwich
 Green Beans
 Chilled Applesauce
 Cold Milk

Wednesday, October 8

Breakfast
 Yogurt Parfait
 & Nutri-grain Bar

Lunch
 -Soft Beef Tacos
 -Cheesy Fish Sandwich
 -Chef Salad & Bosco Stick
 -PBJ Sandwich
 Ranchero Beans
 Craisins
 Cold Milk

Thursday, October 9

Breakfast
 Cheesy Scrambled Eggs
 & Biscuit

Lunch
 -Cheeseburger
 -Hot & Spicy Chicken Sandwich
 Italian Salad & Bosco Stick*
 -PBJ Sandwich
 Tator Tots
 Fresh Apple
 Cold Milk

Friday, October 10

Breakfast
 Pancake & Sausage on Stick*

Lunch
 -Chili Dog/Hot Dog on Bun
 -Sub Sandwich
 -Chef Salad & Bosco Stick
 -PBJ Sandwich
 Candied Sweet Potatoes
 Chilled Peaches
 Cold Milk

Wednesday, October 1

Breakfast
 Trix Cereal Muffin

Lunch
 -Bacon & Cheese Breaded Chicken Sandwich*
 -Cheese Quesadilla
 -Chef Salad & Bosco Stick
 -PBJ Sandwich
 Baked Beans
 Chilled Peaches
 Cold Milk

Thursday, October 2

Breakfast
 Sausage & Cheese English Muffin*

Lunch
 -Chicken Nuggets & Macaroni with Cheese
 -Sloppy Joe Sandwich
 -Italian Salad & Bosco Stick*
 -PBJ Sandwich
 Fresh Broccoli
 Mixed Fruit
 Cold Milk

Friday, October 3

Breakfast
 Mini Pancakes & Syrup

Lunch
 -Mozzarella Sticks & Dipping Sauce
 -Grilled Chicken Sandwich
 -Chef Salad & Bosco Stick
 -PBJ Sandwich
 Seasoned Carrots
 Orange Smiles
 Cold Milk

Monday, October 13

Indigenous People/ Columbus Day
 No School

Tuesday, October 14

Breakfast
 Breakfast Bagel*

Lunch
 -Chicken & Waffles
 -Toasted Cheese Sandwich
 -Italian Salad & Bosco Stick*
 -PBJ Sandwich
 Seasoned Carrots
 Mixed Fruit
 Cold Milk

Wednesday, October 15

Breakfast
 Cinnamon Toast Crunch Muffin

Lunch
 -Queso Chicken Nachos
 -BBQ Burger on Bun
 -Chef Salad & Bosco Stick
 -PBJ Sandwich
 Cheesy Refried Beans
 Chilled Pears
 Cold Milk

Thursday, October 16

Breakfast
 Bacon, Egg & Cheese Biscuit*

Lunch
 -Chicken Nuggets & Roll
 -Meatball Sandwich
 -Italian Salad & Bosco Stick*
 -PBJ Sandwich
 Mashed Potatoes & Gravy
 Orange Smiles
 Cold Milk

Friday, October 17

Breakfast
 Mini Waffles & Syrup

Lunch
 -Toasted Ravioli & Bosco Stick
 -Hot Ham & Cheese Sandwich
 -Chef Salad & Bosco Stick
 -PBJ Sandwich
 Sweet Corn
 Chilled Peaches
 Cold Milk

AVAILABLE DAILY

For Breakfast, we offer
 General Mills Cereals
 and
 Cereal Bars
 as additional
 entree choices.

Breakfast includes
 milk,
 fruit and juice.

