

Sister Thea Bowman School



Thursday, August 14

Breakfast

Trix Cereal Muffin

Lunch

-Cheeseburger
-Breaded Chicken Sandwich
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Green Beans
Chilled Peaches
Cold Milk

Friday, August 15

Breakfast

Pancake & Sausage Stick*

Lunch

-Pepperoni Pizza*
-Cheesy Fish Sandwich
-Chef Salad & Bosco Stick
-PBJ Sandwich
Emoji Smiles
Fresh Apple
Cold Milk

WELCOME BACK!!!

All Students Eat All Meals
at No Charge All Year Long



At Breakfast, we offer
General Mills Cereals and Cere-
al Bars as additional entree
choices



Breakfast includes milk,
fruit and juice.

This institution is an equal opportunity provider.
Menus are subject to change.

* indicates the item contains Pork

Monday, August 18

Breakfast

Cinnamon Roll

Lunch

-Straw Hat
-Corn Dog
-Popcorn Chicken Salad
& Bosco Stick
-PBJ Sandwich
Fiesta Benas
Mixed Fruit
Cold Milk

Tuesday, August 19

Breakfast

Breakfast Bagel*

Lunch

-French Toast Sticks &
Sausage*
-Turkey & Cheese Croissant
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Baby Carrots
Chilled Applesauce
Gogurt Yogurt
Cold Milk

Wednesday, August 20

Breakfast

Strawberry Cream
Cheese Bagel

Lunch

-Bacon Cheeseburger*
-Hot & Spicy Chicken
Sandwich
-Chef Salad & Bosco Stick
-PBJ Sandwich
Sweet Corn
Frozen Juice Cup
Cold Milk

Thursday, August 21

Breakfast

Cheesy Scrambled Eggs
& Biscuit

Lunch

-Chicken Nuggets and
Macaroni
-Sub Sandwich
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Cheesy Broccoli
Chilled Peaches
Cold Milk

Friday, August 22

Breakfast

Breakfast Pizza*

Lunch

-Cheese Pizza
-Hot Dog on Bun
-Chef Salad & Bosco Stick
-PBJ Sandwich
Green Beans
Orange Smiles
Cold Milk

Monday, August 25

Breakfast

Sausage Biscuit*

Lunch

-Cheesy Beef Nachos
-Toasted Cheese Sandwich
-Popcorn Chicken Salad
& Bosco Stick
-PBJ Sandwich
Seasoned Carrots
Chilled Pears
Cold Milk

Tuesday, August 26

Breakfast

Yogurt Parfait &
Nurti-grain Bar

Lunch

-Chicken Strips & Roll
-BBQ Ribette Sandwich*
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Mashed Potatoes & Gravy
Chilled Applesauce
Cold Milk

Wednesday, August 27

Breakfast

Bacon, Egg & Cheese
Biscuit*

Lunch

-Toasted Ravioli & Bosco Stick
-Hot Ham & Cheese Sandwich
-Chef Salad & Bosco Stick
-PBJ Sandwich
Green Beans
Sweet Craisins
Cold Milk

Thursday, August 28

Breakfast

French Toast Sticks
& Syrup

Lunch

-Orange Chicken & Fried Rice
-Hamburger on Bun
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Steamed Broccoli
Chilled Pineapple
Fortune Cookie
Cold Milk

Friday, August 29

Breakfast

Cheesy Chicken Biscuit

Lunch

-Mini Corn Dogs
-Cheese Quesadilla
-Chef Salad & Bosco Stick
-PBJ Sandwich
Baked Beans
Fresh Apple
Cold Milk