



Sister Thea Bowman Catholic School

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Weekly Newsletter

September 18, 2025

“CARRY GOD’S LIGHT TO OTHERS”

PRINCIPAL’S NOTE

This week, we prayed about a very important gift of the Holy Spirit, “self-control”. (Gal : 22-23) With our continuing move toward Positive Discipline, we are working with the students to help them start to recognize and use their gift of self-control each day in school. Please work this week with your students to teach them the value of self-control in all situations.

POSITIVE DISCIPLINE

Our Positive Discipline approach empowers students to start to make good decisions without so many consequences and rewards, but it will take time and teamwork on all of our parts to make it successful. We ask that families read, discuss, sign and promptly return any papers sent home by the teacher or principal, so we can maintain good communication within our teacher/parent/student team.

POSITIVE DISCIPLINE IN THE HOME

As we take our first steps, we are working on “Asking” versus “Telling”. In the classroom, it might sound like this: “Where are you supposed to be during reading time?” instead of, “You need to be in your seat right now!”

At home, try practicing posing a question, to give control to your student to make the right choice. It might sound like this: “What do you need to get ready for school tomorrow?” instead of, “For the third time, you need to get your shirt, pants, belt, and shoes ready for tomorrow.”

You can learn more at: <http://www.positiveparentingsolutions.com/>

ATTENDANCE

On behalf of the staff at Sister Thea Bowman Catholic School, we would like to extend our heartfelt thanks to all of you for your continued efforts and partnership.

We take attendance very seriously here at Sister Thea Bowman, and it's clear that our families do as well. Our recent attendance checks have been excellent, and we truly appreciate your commitment to ensuring your children are present, on time, and ready to learn each day.

Thank you again for your support in helping us build a strong foundation for student success.

September

19 Pinwheels for Peace;

Gr 6 Mass 22-26 Iowa

Assessment Gr 2 - 8

26 Peacemaker Activity

October

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- 13 Indigenous People's Day- No School**
- 16 End Quarter 1**
- 17 Mass- 7th grade leads**
- 20 Staff Development - 12:30 pm dismissal**

- Mass-Staff leads
(Wednesday) 12:30
Dismissal

Parent Teacher Conferences 1-7:30pm

- No School - Parent Teacher
Conferences 8am- 1pm
- No School
- 29. Mass- 6th grade leads (Wednesday)
- 30. Trunk or Treat 2PM (Gates will open at
1pm for decorating and close at 1:30
pm)
- 31. Diocesan Institute Day (No

Make sure to visit our web page at <http://www.stbcs.com> for all the latest information.