



# SISTER THEA BOWMAN



This institution is an equal opportunity provider. Menus are subject to change.

\* indicates the item contains Pork

## Monday, December 1

### Breakfast

Breakfast Bagel\*

### Lunch

-Pepperoni Pizza\*  
-Mini Corn Dogs  
-Popcorn Chicken Salad  
& Bosco Stick  
-PBJ Sandwich  
Steamed Broccoli  
Frozen Juice Cup  
Cold Milk

## Tuesday, December 2

### Breakfast

Yogurt Parfait  
& Nutri-Grain Bar

### Lunch

-Sausage, Egg & Cheese  
Croissant\*  
-Chicken Parmesan Sandwich  
-Italian Salad & Bosco Stick\*  
-PBJ Sandwich  
Seasoned Green Beans  
Chilled Applesauce  
Cold Milk

## Wednesday, December 3

### Breakfast

Mini Cinnis

### Lunch

-Bacon & Cheese Breaded  
Chicken Sandwich\*  
-Cheese Quesadilla  
-Chef Salad & Bosco Stick  
-PBJ Sandwich  
Baked Beans  
Chilled Peaches  
Cold Milk

## Thursday, December 4

### Breakfast

Sausage & Cheese English  
Muffin\*

### Lunch

-Chicken Nuggets  
& Macaroni with Cheese  
-Sloppy Joe Sandwich  
-Italian Salad & Bosco Stick\*  
-PBJ Sandwich  
Candied Sweet Potatoes  
Mixed Fruit  
Cold Milk

## Friday, December 5

### Breakfast

Mini Confetti Pancakes  
& Syrup

### Lunch

-Chili Dog/Hot Dog on Bun  
-Fish Shapes  
& Cornbread Muffin  
-Chef Salad & Bosco Stick  
-PBJ Sandwich  
Sweet Corn  
Fresh Apple  
Cold Milk



## Monday, December 8

### Breakfast

Breakfast Pizza\*

### Lunch

-Bacon Cheeseburger\*  
-Turkey & Cheese Croissant  
-Popcorn Chicken Salad &  
Bosco Stick  
-PBJ Sandwich  
Tator Tots  
Mixed Fruit  
Cold Milk

## Tuesday, December 9

### Breakfast

Yogurt Cup & Cinnamon Toast

### Lunch

-Chicken & Waffles  
-Toasted Cheese Sandwich  
-Italian Salad & Bosco Stick\*  
-PBJ Sandwich  
Seasoned Carrots  
Chilled Peaches  
Cold Milk

## Wednesday, December 10

### Breakfast

Cheesy Scrambled Eggs & Biscuit

### Lunch

-Soft Beef Tacos  
-Fish Sandwich  
-Chef Salad & Bosco Stick  
-PBJ Sandwich  
Fiesta Beans  
Blue Raspberry Applesauce  
Cold Milk

## Thursday, December 11

### Breakfast

Trix Cereal Muffin

### Lunch

-Orange Chicken & Fried Rice  
-Corn Dog  
-Italian Salad & Bosco Stick\*  
-PBJ Sandwich  
Steamed Broccoli  
Craisins  
Fortune Cookie  
Cold Milk

## Friday, December 12

### Breakfast

Pancake & Sausage  
Sandwich\*

### Lunch

-Mozzarella Sticks & Sauce  
-Grilled Chicken Sandwich  
-Chef Salad & Bosco Stick  
-PBJ Sandwich  
Seasoned Green Beans  
Orange Smiles  
Cold Milk

**YOU'RE  
GOOD**

**ALL STUDENTS EAT ALL MEALS @  
NO COST ALL YEAR LONG**