



Monday, May 18

Breakfast
Cream Cheese Bagel

Lunch
-Pepperoni Pizza*
-Corn Dog
-Popcorn Chicken Salad
& Bosco Stick
-PBJ Sandwich
Seasoned Carrots
Chilled Applesauce
Cold Milk

Tuesday, May 19

Breakfast
Fruit Strudel

Lunch
-French Toast Sticks
& Sausage*
-Cheese Quesadilla
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Green Beans
Chilled Pears
Gogurt Yogurt
Cold Milk

Wednesday, May 20

Breakfast
Pancake Sausage on Stick

Lunch
-Chicken Nuggets
& Bread Stick
-BBQ Hamburger on Bun
-Chef Salad & Bosco Stick
-PBJ Sandwich
Mashed Potatoes & Gravy
Fresh Apple
Cold Milk

Thursday, May 21

Breakfast
Cinnamon Roll

Lunch
-Orange Chicken
& Fried Rice
-Hot Ham & Cheese Sandwich
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Steamed Broccoli
Pineapple Tidbits
Fortune Cookie
Cold Milk

IF YOUR CHILD NEEDS SUMMER FOOD

The Summer Food Service Program (SFSP) and Seamless Summer Option (SSO) are federal nutrition programs that provide free and nutritious meals to children 18 years old and younger. The summer nutrition programs are sponsored by the United States Department of Agriculture and administered by the Illinois State Board of Education. The Illinois Hunger Coalition's Hunger Hotline (1-800-359-2163) serves as the statewide phone number for families to call to find a Summer Meals site near them.

NUTRITION TO GO

Pork is the most widely eaten meat in the world. Pork consumption in America peaked at 60 lbs per person annually in 1971, falling to about 50 lbs in 2023.

Improved breeding and feeding techniques since the 80's have reduced the fat in pork, on average, by 31%, along with reductions in calories (14%) and cholesterol (10%).

A QUICK BITE FOR PARENTS



HAVE A GREAT SUMMER!

Thanks for eating with us this year. We look forward to seeing you when school starts up again!